

What We Are Not:

Hoos in Recovery's only affiliation is with the University of Virginia. We are not affiliated with any religious, AA, NA, or other addiction treatment programs.



Contact Us:

For general questions or to join our confidential **Hoos In Recovery listserv**, send an email to:

HoosInRecovery@virginia.edu

To receive weekly listings of alcohol-free events near UVA, join the **Hoos Sober listserv** -- *To subscribe, send an e-mail to sympa@virginia.edu with the subject "subscribe hoos-sober."*



Hoos in Recovery is sponsored by UVA's Gordie Center for Substance Abuse Prevention.

For more information about the Gordie Center call 434-924-5276 or go to:

www.virginia.edu/gordiecenter

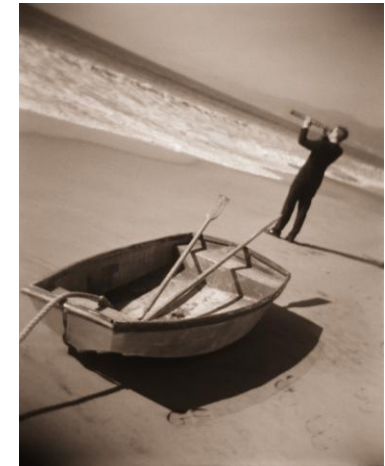
Support Hoos in Recovery

www.giving.virginia.edu/gordiecenter

Financial support is provided through grants from the UVA Parents Committee and Transforming Youth Recovery.



HOOS IN RECOVERY



*"Recovery is spoken here."
—Dr. Bruce Donovan*





*Are you sick and tired of
feeling sick and tired?*

Hoos in Recovery is an association of University undergraduate and graduate students, staff, faculty, and alumni in recovery from alcoholism or addiction.

Hoos in Recovery began in the fall of 2006 with several UVa students in recovery from alcoholism or substance addiction. The first meeting was held in January 2007 and the students chose the name 'Hoos in Recovery.'

What Can Hoos in Recovery Do for Me?

Our primary mission is to provide a support network for members of the UVa community in recovery from substance abuse.

We provide a non-judgmental, non-critical, anonymous forum for discussion among members who share common challenges. We are a resource for anyone with concerns about substance abuse and recovery.

We have weekly meetings and coordinate social events including sand volleyball, trivia nights and football tailgates.



Attend a lunch meeting

During fall and spring semesters, we meet weekly for lunch. Food and beverages are provided.

To view the **full meeting schedule**, visit our website: www.virginia.edu/hoosinrecovery

Please come if you are in recovery... if you are struggling and have relapsed... or if you have any other concerns about your alcohol or drug use.