

HOOS *IN* RECOVERY

Hoos in Recovery (HiR) is a supportive, confidential community of UVA students, faculty, staff, and alumni in recovery or considering recovery from alcohol or other drug use disorders. All ages, academic levels, walks of life, and pathways of recovery are welcomed and valued.



IF YOU ARE LOOKING FOR

**PEOPLE WHO “GET IT,”
YOU HAVE COME TO THE RIGHT PLACE**

With HiR, you can:

- Be yourself
- Have fun
- Connect through shared experiences and goals
- Receive caring support

Please come if you are in recovery, if you have experienced a recurrence of your substance use disorder, or if you have any concerns about your alcohol or other drug use.

WE ARE HERE TO WELCOME YOU!

HiR is not affiliated with any religion, Alcoholics Anonymous, Narcotics Anonymous, or treatment program. The only affiliation that HiR has is with UVA.



To find out more about the group and other recovery support services available at UVA, visit:
www.virginia.edu/hoosinrecovery