**TIPS FOR A SAFE FOXFIELD**

**Know the signs of an overdose:**
- Unresponsive (to pinching)
- Breathing (irregular)
- Puking (while passed out)
- Skin (cold or clammy)

*Unsure? Call Poison Control 1-800-222-1222

See even 1? Call 911

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**If a friend has too much to drink:**

- **Encourage your friend to slow down** by offering food or non-alcoholic drinks.
- **Stay with your friend** because BAC can continue to rise after someone stops drinking.
- **Go to the First Aid Tent** located in the green section. It’s fully staffed by medical personnel.
- **In an emergency (even if you’re not sure)** call 911 and tell the dispatcher you’re at Foxfield. Provide your plot number and EMTs will come to you.

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**Foxfield Alcohol Policy**

- **Guests over 21 years old who wish to bring** alcohol must consolidate into no more than one 28 quart cooler per person.
- **Alcoholic beverages exceeding the policy limits will be confiscated and discarded.**
- **All beverages, alcoholic and non-alcoholic, must remain unopened with factory seals intact upon entry.**
- **Guests may bring additional coolers of any size with food and/or non-alcoholic beverages only.**

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**Bring a valid ID.** Always carry a photo ID, even if you don’t plan to drink, in case you become incapacitated for any reason.

**Bring and drink plenty of water.** On a warm, sunny day, you can become dehydrated quickly.

**Eat plenty of high protein foods** to slow down the effects of alcohol. Plan to have enough food for everyone in your group.

**Decide now who will be the sober driver.** Make sure no one is left behind! Prepare for a 30-60 minute wait for cabs, Uber or Lyft service.

**Stay in a group** and look out for one another. Say something if a friend’s behavior concerns you.